Lions 105M Melcome to your new look news from around the District

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50th Anniversary Display for Kenilworth Lions



Throughout 2019, Kenilworth Lions Club is celebrating the 50th anniversary of its founding in 1969.

During the month of January, the Club set up a shop window display at the premises of a local business in Kenilworth Town Centre, highlighting many different aspects of how the Club has been serving the local community over the past 50 years.

The display included items from the Club's Furniture Store and Bazaar in Farmer Ward Road, together with posters and other display material illustrating some of the main activities and events every year – the Grand Show in June, the Carol Concert before Christmas, and the Boxing Day Duck Race.

First Dream Scheme Grants Awarded

Kenilworth Lions Club has awarded the first two



grants under its new Dream Scheme, launched recently to celebrate fifty years of charitable work by local Lions since the Club was founded in 1969.

Northleigh House School has been pledged a grant of £1,000 to-

wards the costs of providing a new outside wooden building for all sorts of music. The school does amazing work with children and young people, helping them to overcome anxiety and raise selfesteem, and giving them the skills to deal with life in the wider world.

A sum of £1,000 has also been pledged to the TWDA Competition Squad, a group of nineteen students from the Whiteman Dance Academy, who are raising funds to go to Euro Disney near Paris to perform in a show there and to take part in the Disney Parade during 2019. They have already passed the Disney auditions, and now need the funds to turn their dreams into reality.

There is still plenty of time and opportunity for other groups and individuals to apply to the Dream Scheme before the closing date for applications of 1st March 2019.

Details are available on the Kenilworth Lions web site www.kenilworthlionsclub.co.uk.

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Redditch Lions support Christmas Homeless Shelter Radiate Redditch held it's annual Christmas Hub from December 25th until 2nd January. providing hospitality and community to people in social need. Based in the Redditch Ecumenical Centre, the hub offered a Christmas lunch, and on every other day, hot lunch, drinks and snacks, and provided overnight accommodation for a small number of rough sleepers. During the 9 days the hub was running, over 400 freshly prepared meals were served by volunteers to the homeless, and about six rough sleepers had a warm bed and breakfast each night.



Redditch Lions made a £500 donation to the Hub to provide meat for the daily hot lunches, and also put the centre's organisers in touch with Be-

spoke Butchers of Studley who supplied the meat for hub. Some of the Club members also volunteered to serve at two of the lunch sessions. Ben Rafiqi from the centre told us:

"The quality of the meat provided by Ross at Bespoke Butchers and paid for by the Redditch Lions' generous donation was absolutely amazing. Ross also donated two large packs of pheasant fillets which we baked in cider and herbs. The food served was all freshly made and of the highest nutritional value. I know it was really appreciated by the guests."

White Horse / Lions Charity Quiz Night It was a



full house at The White Horse for our second Charity Quiz Night on 3rd February. Over twenty teams took part, raising in excess of £300 for our nominated charity - Solihull Hospital Charity. We are well on our way to buying their next important piece of much-needed equipment. We plan that our next Quiz

will be on Sunday 7th April. Watch this space !!

Corby Lions help Day Centre A Corby Lions Spokesperson explained, 'The Autumn Centre applied for a grant to help redecorate their coffee bar area and make it more of a talking point about Corby life some years ago, eg black and white images of old and new Corby, the steel works, old cinema etc. We are keen to help the centre because they are a charity providing many activities at minimum cost to the over 50's in Corby and surrounding villages - they even run a subsidised transport service.'

A spokesperson for the Autumn Centre explained, ' We provide a very good value for money service, offering healthy, well balanced meals and a varied monthly activities programme. As part of our social wellbeing programme we aim to combat loneliness, social isolation and mental health issues. We offer 5 different chair exercise sessions a week to help with physical well being and help prevent slips, trips and falls. Also on offer is a monthly subsidised chiropodist to all members because foot health is so important. We have over 1000 members who use some or all of the services we have to offer. Within these numbers we have people who are living with all different types of dementia, Huntingdons disease, Parkinson's disease, the aftermath of a stroke, Downs syndrome and much more.'

If you wish to know more about the work of Corby Lions please look us up on Facebook or our website, or contact John on 01536 741059 For more information about the Autumn Centre please contact them on 01536 264671



Our photo shows Lion President Jenny Clark presenting a cheque for £500 to Peter Floody from the Autumn Centre

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At their annual Presentation Evening at Stourbridge Institute and Social Club, Kingswinford & Stourbridge Lions Club presented cheques totalling more

than £11,000 to numerous Local Charities and Good Causes. A record total of £9810 was raised when Santa made his tour of the local area in his sleigh over the weekends



leading up to Christmas, meeting and talking to local children and handing out sweets to everyone he met. Over 25 Cheques were presented to local Charities and good causes that assisted with the Sleigh runs, including The Paul Akrill Fund, Ridgewood High School Association, Brierley Hill and Kingswinford RNLI, St Mary's Church - Kingswinford, Insight for Carers, Brierley Hill Samaritans, The Salvation Army, Friends of Young Achievers, Women v Breast Cancer, Red Box Project and many Local Scout and Guide Groups were just some of the recipients of the money raised Collections were also made at several local supermarkets, Sainsbury's, Amblecote; Aldi, Wollaston and Morrison's, Kingswinford. Cheques from these collections were presented to Charities supported by the individual stores - Sycamore Adventure, Clic Sargent and Teenage Cancer Trust.

The Black Country Food Bank was also presented with a cheque for £430.00, being money raised at a Quiz Night held at the end of October.

Kingswinford and Stourbridge Lions thanked the many residents of the local area for their generosity that has allowed us to donate this fantastic amount of money to so many Local Charities and Good Causes.

Lion Rob Owen, President of Kingswinford & Stour-bridge Lions Club said, "We know that many local residents look forward to our Sleigh runs and it is great to be a part of it and seeing everyone waiting along the routes to meet Santa in person. The Presentation Evening allowed Lions to formally present the money raised for the benefit of so many local Charities and good causes who assisted us with the collections."

Kingswinford & Stourbridge Lions are always looking for ways to help local Charities and good causes, if you would like to be involved in our Christmas Sleigh collection in 2019 or would like to know more about Lions Clubs please email your interest to:

sleigh.master@kandslions.org.uk

45 Years and Still Going strong Balsall Common Lions Club celebrated the 45th Anniversary of receiving their Charter at the Barston Lakes Restaurant on the 18th January 2019. In attendance were the Mayor of Solihull Councillor Flo Nash and District Governor Lion Stewart Sherman-Kahn and his partner. The total attendance of 150 also included Lions and partners from other clubs in the West Midlands.



Over the past 45 years we have given over 125,000 hours of service (23,522 over last 5 years) to good causes in our local community and humanitarian disasters both nationally and internationally. In the photo cutting the cake is our only original Charter member Lion Alan Douglas with our newest member Lion Alex Spedding.

WARWICK LIONS turned out in force on February



16th at the Tesco Store in Warwick and had a great time amusing the good and generous people of Warwick with their funny hats while collecting for the Marie Curie Daffodil appeal.

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Congratulations Lion David Hickson MJF Lions Clubs world-wide recognize outstanding individuals by bestowing on them an award that is named after our founder, Melvin Jones.

The Melvin Jones Fellowship Award is a honour to acknowledge individual Lions and is the highest accolade and recognition within Lions & this award was given to Lion David Hickson, for his outstanding service, hard work and commitment in particular to our Fund raising.

David Joined BC Lions in 1997 & has been actively involved since with our earlier disco nights, the Annual Bonfire, Santa's visits & with the organising and upkeep of Santa's sleigh. He was President of the Club in 2008-2009.

Within Fundraising he has also been successful in growing partnerships with other groups and organisations in the village that are now very much an important part of Lions activities.

Those of you who know David will be aware that he has done all this with the help of a very supportive wife and his 3 children who have all grown up with the Lions.



In the picture with Lion David (centre) receiving his Award are International Director Geoff Leeder & District Governor Stewart Sherman-Kahn.

Lions Beer, Food, Gin and Family Festival Wellesbourne & District and Shakespeare Lions clubs are hosting their first BFG and Family Festival at the newly refurbished Home Guard Club, Tiddington CV37 7AY. This is a new venture for 2019 so come along for local guest ales, BBQ, gin, family entertainment and music. We'll be there Friday 31st May - Saturday 1st June 2019 from noon till 10.30 pm.

On Friday and Saturday local beers will be available along with Fizz Bar, a Gin trailer. During Saturday afternoon we'll have a BBQ and Granny Smith's Ice Cream along with family entertainment. Saturday evening there will be a well-known local band playing for you to add some musical entertainment while you drink.

For more details watch out for regular information updates on our Facebook page https://www.facebook.com/LionsBFG/

Wellesbourne & District Lions Classic Funday

Wellesbourne & District Lions are holding their 3rd Classic Funday on Sunday 8th September from noon till 4pm. There is a short car treasure hunt from 10am starting at the Wellesbourne Sports Field (pre-booking essential £20 per car) then classic vehicle displays, family entertainment, BBQ, bar, Prosecco & gin trailer, and craft stalls. Contact Simon Oram:

simonoram@hotmail.com 07967373846

New Blood Pressure Monitor for Surgery One of the common risk factors for Cardiovascular Disease is high blood pressure, but unfortunately the condition has no symptoms so it's important we are all aware of our own blood pressure.

We were pleased that we could help when Balsall Common Surgery approached us to see if we could help with the purchase of a new self assessment Blood Pressure Monitor for the surgery. Many people feel anxious or worried when coming to see a doctor or nurse which can affect the reading so this will now be a big help.

The Monitor has been installed in the corner of the main waiting room in the Health Centre which will allow patients to take their own blood pressure while waiting for an appointment or they can pop in anytime to do it to suit themselves.

You simply sit down at the monitor, insert your arm and press the button. You then present the reading to the staff.



In the picture are Dr Richard Horsley with resident nurses Sarah Clare & Wendy Powell and Lion President Marie-Louise Marsden with Lion Stan Shakeshaft testing out the monitor.

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Three new Members for Corby Lions Pictured are Frank Rushton, Wilma Duncan and Ken Shaw being presented with their membership certificates by Corby and District Lions President Jenny Clarke.



A spokesperson for Corby Lions said, 'All three of these people have been helping with our fundraising events and attending some of our social events over the last few months. We like prospective members to get to know us before formally joining our club and an organisation which has 1.4 million members world-wide.'

A Date for your Diary!

Once again we will be holding a Funday at East Carlton Park. This year it is on Sunday 30th June, 11 -4pm. There will be charity stalls, a dog show, dance displays, Corby Radio, Ukele band, archery and a visit from 'Party Spiderman'. We will also have children's rides and a bouncy castle. Charity stall pitches are £10 and others £15. To book a stall please ring Dan on 01536 660813 or <a href="https://displays.com.night.nig

Southam & District Lions Club Annual Poetry Competition reaches its 10th year. For the 10th consecutive year Southam Lions Club have run a poetry competition for adults and primary-school children with the aid of extra funding from Southam Town Council. Again CrossCountry trains kindly donated money and trophies to the two schools entering the best set of poems. Almost 300 poems were received from the pupils of 7 of the local Primary Schools. The winner of the trophy for the School with the best input of poetry was St James Primary School this year with St Mary's

Catholic Primary School a close runner-up. Lee Ellard the Southam Mayor presented these awards to the schools and individual prizes (of a book token) to the pupils with the best poems in Key Stage 1 and Key Stage 2 categories. This year all of the prize-winning children, even the very youngest, bravely read their poems to an appreciative audience. Prizes were also awarded for the three best poems in the Adults' category - first Prize went to Monica Evans for her poem The Green Man Dr. Roland Raffell for his poem Autumn Leaves was joint second with Amy Clennel for her poem Renaissance. After a break and some refreshments the evening was rounded off with an open mic. session with MC Lion Peter Guy encouraging members of the audience to read their poems. This year's organiser Lion Robert Hamlett thanked the audience and all Lion Club members who had helped to make the evening such an enjoyable social occasion with both children and adults taking part and gave special thanks to the teachers of the primary schools, their pupils and their parents for delivering such a great input of poetry into the competition. Thanks also to Ms. Maureen Daniels for heading the judging panel. Once more Lion Simon Turner compiled all the poems submitted into a book of collected competition poems. Each child with a poem in that book received a free copy. The remainder of the books were on general sale - all copies have been sold.



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IT was a proud night for Hinckley and Burbage Lions Club, when they celebrated their joint Charter Night with Barwell and Earl Shilton Lions Club at Hinckley Golf Club recently.

One of their members was presented with a very prestigious award for his unstinting service to the Lions over half a century.

David Phillips, who has completed an amazing 50 years' service with the Lions, was awarded the Melvin Jones Fellowship for his outstanding contribution over many years.

This is given in memory of the founder of the Lions and is one of the top honours available.

David's journey in the Lions began when he joined the Swansea club in 1969. Since then, his career has taken him all over the country, but wherever he worked, he also joined the local club, including membership in Worcester and Wakefield, before joining Hinckley in 1982.

Mr Phillips is a Past President of Wakefield Lions Club and a three times Past President of the Hinckley & Burbage Club, as well serving as Zone Chairman on two occasions.

As well as being an ardent supporter of Welsh Rugby Union, David also represented Wales at Table Tennis. Throughout his 50 years of service to the community, he has always been ably supported by his wife, Jean, not only fulfilling the "we serve" part of Lions, but also taking a very active part organising and participating in social events.

Handing over the top award District Governor Stewart Sherman-Kahn said: 'The Melvin Jones Fellowship is a fitting reward for David's unstinting Lions' Service and he is a very worthy recipient.'



David Phillips, left, receives the Melvin Jones Fellowship from District Governor Stewart Sherman-Kahn

Zone C Meeting and skittles competition 28
February the 7 clubs that form zone C met for their zone meeting and skittles competition. The meeting was held compact and soon afterwards about 10 teams competed. The Shirley team was short on



manpower and got assistance from DG Stewart. Balsall Commons had 4 teams in the competition, however, the winning team was Knowle and Dorridge Lions. They won the trophy which was made a few years ago by Lion Brian Hornsby. A beautiful piece of carpentry. The zone decided to give it a name and now Zone C competes for the Brian

Hornsby trophy.

Diabetes and How Lions are Helpling Stour Valley Lions are playing their part in a nationwide effort to test and educate our communities in the need for diabetes-related preventive activities. For the past several years, the Lions, in conjunction with Shipston Medical Centre, have sponsored a drop-in diabetes test facility at the Ellen Badger Hospital.

More recently, the Lions have funded and assisted in an initiative by Shipston Medical Centre in conducting a "Pre-diabetes Education Event" at the High School. This involved a two-hour session with trained and accredited nurses together with presentations from a community dietician. Shipston Leisure Centre and Slimming World also participated to encourage a fitter future.

One hundred invitations were sent out to this event and sixty people attended which is a very encouraging.



Lions continue to invest in our community's health.

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Local youth project respond to the call for help



Photo is of the All Saints Youth project getting stuck into packing Bottles.

As you will be aware Brigitte and the team at MDHQ have been asking for volunteers to help pack our wonderful Message in a Bottle project. The response from our own Lions Members has been great and special thanks to everyone that has given up some time to help. It is most encouraging that the local Youth Project in Kings Heath, a wonderful enterprise workshop near Stratford (details supplied by Shakespeare Lions Club) and other Community groups have all jumped in to help. Brigitte is thrilled to report the outstanding 380 box orders that were waiting to be fulfilled have all been completed and the wait for a box of MIAB is now over.



Be on the look out for...

Kash's Angels



Also known as...

Lion **Heather Lee** from Marston Green & District...
Lion **Cath Kendall** from Northampton...
Lion **Joy Haffner** from Worcester...

£1.00 Per Hug raising funds for



The DG's Partners
Appeal

Please circulate to all Club Members